

One journey. One useful record.

Blank public worksheet / Keep personal bookings and medical records elsewhere

Exercise / date / conditions

Start station, gate or street / destination and useful exit

Operator / line / service / direction / ticket used

Advice recorded before travel / claim to check

Walking / waiting / riding / transfer time

What worked / what caused uncertainty or effort

Human observation a planner missed

Correct, incorrect or unverified / evidence or official source

Consequence: critical, major or minor / help required

Correction / next question

Use general station and route details. Do not add reservation references, credentials or private contact details to a copy you intend to share.
